

# THE OLD KENNELS

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THE OLD KENNELS, STENTWOOD, DUNKESWELL, DEVON, EX14 4RW

*Thursday 21<sup>st</sup> March 2024*

## ***NOTHING BUT NATURE – PURE NATURAL BODY CARE***



*with Ishbel Ramsay of Puro Soaps*

*An inspiring and exciting course learning how to create your own, totally natural, body care products. You will be guided through making seven different products all using lovely natural ingredients with simple recipes that really work! Do away with all your expensive creams, lotions, shampoos and conditioners - make your own instead! Save money, no more plastic packaging and they are much better for you! You will make silky lip balms, a relaxing foot scrub, light and absorbent moisturising cream, whipped body butter, a gentle & effective deodorant, as well as long lasting solid shampoo and hair conditioner bars! A relaxing day producing wonderful gifts, or bespoke products to enjoy yourself. You will receive full written instructions so you can make more at home as well as simple ideas for wrapping and presentation.*

**£95 (plus materials approximately £50)**

### ***Requirements List***

*Digital scales weighing in less than 2g increments (if you have them)*

*Students are also recommended to wear clothing that is not 'best', closed toed shoes and long sleeves, as you will be handling hot oil based substances and caustic - bring a pinny.*

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*Courses run 10am - 4pm, we will be glad to welcome you from 9.45am.*

***A boxed lunch may be ordered in advance (see website for details) or you are welcome to bring a packed lunch. Hot and cold drinks will be served throughout the day.***

*We also offer 4\* B&B accommodation please enquire or see the website for full details*

*Directions to The Old Kennels can be found on our website (sat nav will not bring you to the door!)*